



EXECUTIVE DIRECTOR
Geetha Arulmohan



Program Summary Sheet

Title Seeing is Believing

CSAP Strategy Education

Risk Factors Addressed Early First Use;
Favorable Attitude toward Drug Use,
Availability of ATOD

**Evidence-Based Program/
Principles** NIDA Prevention Principles #2, 3, 4, 8, 9, 15 and 16

Program	Audience	Lesson Length
Seeing is Believing	Grades 6 th – 8 th	3 (1hour) lessons

Program Services Include One pre-program consultation with administration;
3 classroom/group lessons for a maximum of 25 children;
Lessons tailored to age/grade level;
Pre/post surveys, educational materials, personalized certificates and
evaluation summary.

Summary

These three, one hour lessons include interactive dialogue between participants and facilitator, hands-on activities and role-playing. Utilizing the Fatal Vision goggles, students will experience the effects of alcohol and other drugs on their ability to perform tasks.

Learning Objectives

1. Examine the effects of alcohol on the brain and body systems.
2. Examine decision- making skills and gain a better understanding regarding school, community and family norms that promote favorable attitudes regarding the abuse of alcohol.
3. Interpret media and social influences that promote favorable attitudes towards the abuse of alcohol.
4. Explore alternatives to the use of alcohol and develop a personal “non-use message”.

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